

What are the Senior Mental Health Lead Networks?

- **Educational Psychologist-led** support groups
- Joined by colleagues from **CAMHS, Public Health and Young Somerset**
- **Collaborative, solution-focused** sessions
- Open to **all SMHLs** (trained or not)
- Supports **embedding a whole-school approach** (8 principles)

What will you gain?

- **Targeted CPD** to strengthen your role as an SMHL
- **Facilitated peer supervision** to reflect and problem-solve
- **Opportunities to collaborate** with colleagues in similar settings
- **A safe, supportive space** to think and reflect

What is a Senior Mental Health Lead?

A Senior Mental Health Lead (SMHL) is a strategic role responsible for leading and coordinating a whole-school approach to mental health and wellbeing.

What is the purpose of group supervision?



Safeguarding: Promote the safety of staff and the children and young people they support.



Development: Build skills and confidence in staff members.



Support: Offer a space for emotional and professional support.



Improved outcomes: Strengthen outcomes for children and young people.

Somerset Senior Mental Health Lead Networks:



Free to Schools Termly Training and Supervision 2026/27

Join a supportive network of Senior Mental Health Leads to share practice, build confidence and strengthen whole-school approaches to wellbeing.



Feedback:

“The team that run this course are fantastic and I really appreciate this time that we all have together.”

“Thank you so much for a really useful supervision - it has been a really positive and informative session and a great opportunity to meet with staff from other schools.”

How can I book my space?

Secure your place today by clicking **the relevant link below**. You can attend **any session** (not just those in your local area), offering flexibility and wider networking opportunities.

For the 2026–27 academic year, sessions will **bring together colleagues from primary, secondary, and specialist settings**, offering a rich opportunity for shared learning and collaboration.

All sessions are delivered **face-to-face** in a welcoming environment, with **refreshments** provided. Sessions run from **9:30am–12:00pm**, providing dedicated time for meaningful discussion, reflection, and professional development.

Each session is **booked individually**, with **three sessions** available per year, allowing you to engage flexibly across the programme.

Taunton:

Day 1: Tuesday 3rd November 2026
<https://supportservicesforeducation.co.uk/Event/298174>

Day 2: Wednesday 3rd February 2027
<https://supportservicesforeducation.co.uk/Event/298177>

Day 3: Friday 18th June 2027
<https://supportservicesforeducation.co.uk/Event/298179>

Mendip:

Day 1: Tuesday 10th November 2026
<https://supportservicesforeducation.co.uk/Event/298125>

Day 2: Wednesday 10th February 2027
<https://supportservicesforeducation.co.uk/Event/298129>

Day 3: Thursday 10th June 2027
<https://supportservicesforeducation.co.uk/Event/298130>

Bridgwater:

Day 1: Wednesday 4th November 2026
<https://supportservicesforeducation.co.uk/Event/298294>

Day 2: Thursday 4th February 2027
<https://supportservicesforeducation.co.uk/Event/298295>

Day 3: Tuesday 8th June 2027
<https://supportservicesforeducation.co.uk/Event/298296>

South Somerset:

Day 1: Thursday 5th November 2026
<https://supportservicesforeducation.co.uk/Event/298290>

Day 2: Tuesday 2nd February 2027
<https://supportservicesforeducation.co.uk/Event/298291>

Day 3: Wednesday 9th June 2027
<https://supportservicesforeducation.co.uk/Event/298292>