



Keep Learning

Use simple everyday learning opportunities to help you Keep Learning.
Doing this supports:

1. Increase self-esteem.
2. Encourage social interaction.
3. Have a sense of hope and purpose.
4. Better ability to cope with stress.

**We have included ideas which include Creative, Social, Educational
& Spiritual Learning**

Learn...

Learning new things could help you feel good about yourself. By taking part in things you get to meet new people and try new things. All be it virtually at the moment!
Choosing to learn something doesn't just happen in school and it can be as big or as little as you like.

Why not learn something new today? Here are a few more ideas:

- ☐ Find out something about your classmates
- ☐ Read a book or magazine
- ☐ Set up a book club
- ☐ Do a puzzle
- ☐ Learn a new word and it's meaning
- ☐ Pick up a rock and see what lives underneath
- ☐ Look at the stars and find out the name of the planets

What do you currently do to Learn?

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What I could do to Learn more:

.....

Creative Learning



Learn how to make a butterfly feeder which you can hang in your garden or out of your window – see if you can learn the different species that visit

www.treetoolsforschools.org.uk/activities/pdfs/pdf_butterfly_feeder.pdf



Learn a new recipe! Follow this link to some sample Zing-style recipes – all Zing recipes are designed to be super easy, super quick and super healthy, for all the family to enjoy.

www.healthysomerset.co.uk/wp-content/uploads/2019/01/Sample-recipes-Healthy-Somerset-website.pdf



Try this video to learn how to knit a heart, you can make a few and donate them to your local hospital who gives them for Covid-19 patients and their families.

Educational & Spiritual



If you have a garden or an outdoor space you can safely visit, take a few moments to stop and listen..... use this beginners guide from the woodland trust to **identify bird song**

www.woodlandtrust.org.uk/blog/2019/04/identify-bird-song/



National
Trust

In this time where there is less traffic and therefore less pollution, spend some time looking up at the stars at night - **star gazing**.

If you have a garden, lie down on the grass and observe the night sky or look up at the sky out of your window. Taking time to connect to the wider world.

www.nationaltrust.org.uk/features/top-tips-for-stargazing



Learn about careers, helping you explore your future and plan your learning journey.

These short video clips offer interviews with students and information about qualifications for a range of career pathways

www.bbc.co.uk/bitesize/topics/znpsgk7



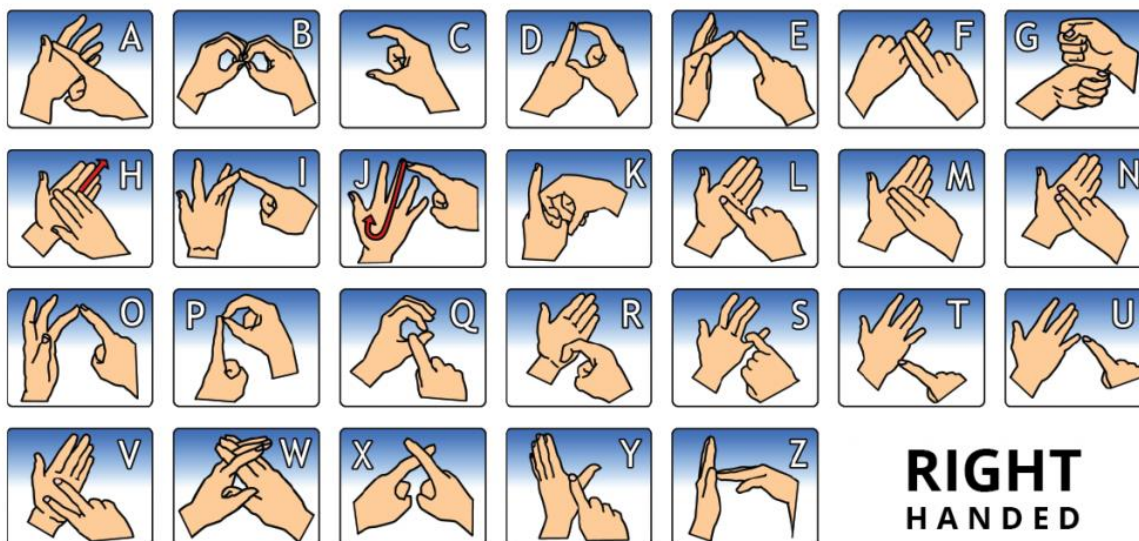
Learn about cultures and celebrated festivals from around the world. This article from BBC bitesize series offers insight into the recent celebrations of Eid

www.bbc.co.uk/bitesize/articles/z4cmkmn

Social

Learn how to sign your name and share with others using the finger spelling chart below

BRITISH SIGN LANGUAGE - FINGERSPELLING



british-sign.co.uk

LEARN BRITISH SIGN LANGUAGE ONLINE
AT WWW.BRITISH-SIGN.CO.UK

Physical

#walk&chalk

Chalk Activity Trail



Learn a new physical activity or create your own chalk trail to follow and share with others if safe to do so –

www.sasp.co.uk/uploads/chalk-activity-trail.pdf

