

Behaviour Change Programme for Vaping

CREATED BY
University of Leeds

Evidence-based Vaping Prevention

As vaping has become a huge issue among young people, we help schools equip students with the knowledge and confidence to make informed, healthy decisions.

INTENT is an innovative programme which not only provides high quality and up to date information but also uses behaviour change methodology to prevent students from taking up vaping using engaging, evidence-based resources.

Additional smoking resources available.

More Information:



<https://intent.evidencetoimpact.com/>



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INTENT

SMOKING & VAPING PREVENTION PROGRAMME

Benefits

- Backed by 20+ years of Research
- Aligned with PSHE Curriculum
- 93% of teachers rated delivery as easy
- 96% of teachers had an overall positive experience of delivering INTENT
- Helpdesk support
- Designed for interactive whiteboards

Sessions

- 4 vaping sessions which can be delivered to students in years 7-10.
- Sessions are designed to fit a 45-60 minute lesson.
- Additional resources and posters for schools can be downloaded.