

FREE ONLINE COURSES AND WEBINARS

REDUCING CONFLICT BETWEEN COUPLES AND SEPARATED PARENTS

www.cypsomersehealth.org/managing_relationship_conflict



How to put your children at the centre of relationships



How to manage your own & your children's emotions



Tips on strengthening parent - child relationships

NEW DATES FROM SEPT TO NOV 2026

To find out
more and
book your
place:



Organised by: ruth.james@somerset.gov.uk



Somerset
Council

