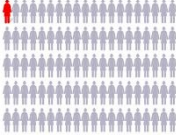


<u>Autism</u> Autism is a neurodevelopmental condition which causes difficulties in social communication.	Autism affects 1 in every 100 people [1] 			
<u>Skills you may have:</u> • Be incredibly knowledgeable on certain topics or themes • Enjoy doing things repeatedly • Remembering lots of details • Following known routines • Form strong relationships with people you trust and feel safe with	<u>Challenges you may face:</u> • Extreme anxiety • Sensory difficulties – hyper/hypo sensitivities to light, taste, touch and smell • Making sense of verbal and non-verbal language cues from others • Restricting behaviours • Feeling the need to repeat behaviours			
				
Greta Thunberg Environmental Activist	Bill Gates Co-Founder of Microsoft	Andy Warhol Artist	Emily Dickinson Poet	Satoshi Tajiri Creator of Nintendo's Pokémon
All these famous people overcame challenges linked with autism to achieve incredible career and personal ambitions.				

<u>Helpful Tips:</u>	• Be patient when things are difficult for your child. • Name a feeling you believe they are experiencing and offer support e.g. I can see you have clenched fists; I wonder if you are angry? Let's do some jumps together to help us calm. • Have clear routines at home. Use visual timetables to help plan each day. • Break instructions down into clear steps using as few words as possible. • E.g. First put your shoes on, next put your coat on. • If you have any ongoing concerns about your child, please contact the Special Educational Needs Coordinator at your child's setting (school, college or nursery) or contact your GP for further advice.
<u>Useful Websites</u> <u>(Hyperlinks)</u>	Support, advice and services for children with autism - Child Autism UK - releasing potential Ambitious about Autism National charity for autistic children and young people What we do Support Dogs Where to get support if you're autistic - NHS (www.nhs.uk) [1] National Autistic Society (autism.org.uk)