

<u>Physical Need</u> Where the child has a need which impacts on their physical mobility or ability to complete motor activities.		8% of children are registered disabled [1] 		
<u>Skills you may have:</u> • Enjoy learning and developing your own skills. • Be adaptable and patient. • Have good levels of resilience. • Have a positive outlook. • Enjoy being sociable.		<u>Challenges you may face:</u> • Getting around new places. • Finding spaces to meet your care needs when out and about. • Accessing new places without preplanning. • Feeling frustrated by any perceived limitations to your mobility.		
				
Stephen Hawkin Cosmological Scientist	Francesca Martinez Comedian	Ellie Robinson Swimmer and Paralympic Gold Medalist at 19 years old!	Cerrie Burnell Children's TV Writer and Presenter	Tanni Grey-Thompson World Champion Athlete and Paralympian
All these famous people overcame challenges with physical needs towards achieving incredible career and personal goals and ambitions.				
Helpful Tips:		• Support your child by planning trips out carefully to avoid frustrations with accessing activities.		

	• Offer as many opportunities to be independent as possible. • Celebrate the strengths your child has and support them in doing these as often as possible. • Allow your child to express the range of emotions they may be feeling at different times. Acknowledge they are all valid and support them through them. • Encourage your child to know when to ask for help and what help they may need to ask for.
<u>Useful Websites</u> <u>(Hyperlinks)</u>	Find Physical disabilities services - NHS (www.nhs.uk) What we do Support Dogs [1] Disability facts and figures Disability charity Scope UK • If you have any ongoing concerns about your child, please contact the Special Educational Needs Coordinator at your child's setting (school, college or nursery) or contact your GP for further advice.