

Chlamydia Screening

for young women & men in Somerset

What is Chlamydia?

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Chlamydia

- Bacterial sexually transmitted infection (STI)
- Most common STI throughout the world
- 1 in 10 sexually active 15 – 25 years olds have Chlamydia

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Are there any symptoms?

In men...

- Pain/burning when peeing
- Discharge from penis
- Irritation to tip of penis
- Pain on ejaculation
- Pain and swelling to testicles


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Are there any symptoms?

In women


- Pain/burning on peeing
- Vaginal discharge
- Irregular bleeding in-between periods
- Bleeding after sex
- Lower abdominal pain




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But...

- Approximately 50% of men with Chlamydia have...
NO SYMPTOMS
- Approximately 80% of women with Chlamydia have...
NO SYMPTOMS







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Young people in Somerset who have had unprotected sex are encouraged to get screened because...

- Chlamydia is most common in the under 25s
- It is estimated that **ONE in TEN** sexually active 15-24 year olds have Chlamydia






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Long term effects

- Chlamydia can cause long term effects in men and women... if left untreated
- Re-infection also increases the chance of long term effects





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Screening

DIY – you can do it yourself!

- Free kits can be obtained from lots of places (sexual health and young people’s clinics, surgeries, pharmacies, hospitals)
- Can be done immediately if there’s a toilet available
- Or, can be taken home and returned to where you picked it up from (or to any hospital or GP Surgery) within 4 hours of performing the screen
- Or, you can order a kit on line, screen at home, and send it back in the post www.somersetpct.nhs.uk/chlamydia



CHECK IT OUT!



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Female pink swab kit



 NHS

CHECK IT OUT!



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Unisex (urine) blue kit



 NHS

CHECK IT OUT!



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(Unisex) postal kit



 NHS

CHECK IT OUT!



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Results can be received by...

- Text
- Email
- Letter
- Phone call

With either the message:

“CS says ok” which means the test is negative

or:

“CS says please ring

which means that there is a problem with the screen or the test is positive

Teresa Day, S&RE Advisor, Somerset Healthy Schools

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What if the result is positive?

Means that the screen has detected Chlamydia cells

- Chlamydia is simple to treat (antibiotics)
- Chlamydia is to easy to treat (go to a minor injury unit or a contraceptive and sexual health clinic)
- Chlamydia is quick to treat (one single tablet)
- Treatment is free
- It won't come back on its own

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How can you avoid catching Chlamydia?

Never have sex!

or...

use a...