

Free Contraception & Sexual Health Services

for young women & men in Somerset

Design a clinic

- Imagine that a health clinic is being set up near where you live.
- It will offer advice about sexual health and provide services such as: free condoms; contraception (including emergency contraception); testing and treatment for sexually transmitted infections (for example, Chlamydia); pregnancy testing; information and advice about termination of pregnancy (abortion).

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Would young people feel okay going there?

- Rate how likely it would be that young people would feel comfortable about visiting this clinic?
- Give it a mark out of 10, where:
1 = very nervous and uncomfortable
10 = totally relaxed

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Brain storm:

- As a group, make a list of all the things you think the clinic should do to make it more likely that young people would want to go there **AND** feel comfortable about going there.

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Now look at the criteria that are used for services to gain an award in Somerset called 'Respect'

Compare your list with the things that Services have to provide to be given the Respect Award

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When you see the 'Respect' symbol you can expect:

- A confidential service for all young people
- A service that is sensitive to all young people's needs
- To be welcomed by friendly staff
- That no one will be turned away
- A service that is easy to get to and where you can feel safe
- That you will be listened to and your questions clearly answered



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Confidentiality

/con·fi·den·ti·al·i·ty/
(kon?fi-den?she-al'i-te)

n. The ethical principle or legal right that a physician or other health professional will hold secret all information relating to a patient, unless the patient gives consent permitting disclosure



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We provide a confidential service to all young people including under 16s

here to listen **not** to tell

This means that you can tell others about this visit, but we won't

It's private

Medical professionals (doctors, nurses etc.) won't share your private stuff UNLESS you tell them they can... OR... they feel that you (or somebody else) are at risk of serious harm and that the only way they can protect you is by telling somebody. They would nearly always talk to you about it first.



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Do they match?

- Are there things that you thought of and the Respect Award doesn't mention?
- Are there things the Respect Award includes and you didn't think of?





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Would that change things?

- **Now, as a group, rate how comfortable you might feel about visiting this clinic if you knew it had been given the Respect Award.**
- **Give it a mark out of 10, where:**
 - 1 = very nervous and uncomfortable
 - 10 = totally relaxed

  